

No Room To Breath

Possible Discussion Questions for

Counselors or Educators

- How do [humans] convince ourselves that we can hide from the truth?
- Describe what part of NRTB resonated with your life (past or current).
- Erica and Lacy are both guilty of judging a person before they each got to really know the other. Describe a time when you were wrong about a person.
- We are all guilty of judging others by outward appearance. Is this a good thing? A bad thing? Your thoughts?
- How much does Erica's dad's inability to tell her about her mom's death play a part in Erica's choices?
- We all have scars in our past, describe your way of dealing with your scars?
- Can a person really change behavior?
- How do the labels or concepts of "boat boy" and "glam girl" relate to your beliefs about yourself? In other words, do you label people or do you feel as though people label you?
- How are Erica and Lacy similar? How are they different?
- If this story were set in a large city in America, how might things be different?

- Describe a time in your life when you did something that may have gotten you in trouble with the principal, the law, or the like.
- What are some possible themes at play in the novel?